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Launch of Capital drug recovery app

A MOBILE phone and tablet app designed to support people in the Capital who are recovering from drug or alcohol addiction has been launched.

The Addiction Recovery Companion-Edinburgh (ARC-Edinburgh) is the result of a collaboration between the city council and developers Anne-Marie Mann and Ella Robbins.

It aims to help users access the city's extensive addiction recovery network, track their progress and boost motivation.

ARC-Edinburgh is free, confidential and does not gather any information about individuals. The app also helps people obtain information about recovery events, meetings and services. It has been developed following consultation sessions which were held at Serenity – Scotland's first recovery café and a fast-growing community of people who support each other's recovery.

Councillor Ricky Henderson, health and social care leader, said: "ARC-Edinburgh was the winner of the council's Edinburgh Apps competition in 2014 and it is fantastic to see their ideas take shape and come to life. I believe the end result will be a very useful tool for the recovery community in Edinburgh. The council is proud to help launch this app on behalf of the Edinburgh Drug and Alcohol Partnership."



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New app helps drug and alcohol addicts' recovery

BY MARTIN HANNAN

PEOPLE in Edinburgh who are recovering from drug or alcohol addiction will now be able to access help from an app on their smartphone or tablet.

The Addiction Recovery Companion-Edinburgh (ARC-Edinburgh) app is the result of a collaboration between the City of Edinburgh Council and Edinburgh Apps winners Anne-Marie Mann and Ella Robbins. The app aims to help its users to link to the extensive addiction recovery network in the capital, to track their progress and to boost motivation.

ARC-Edinburgh is free, confidential and does not gather any information about its users.

Edinburgh Council said yesterday: "The app helps people connect to recovery events, meetings and services. People and groups organising events and meetings will share them through the app, and users will share inspirational quotes, articles or links that helped them."

The app has been developed with the help of people in recovery through a series of consultation events held in the city's Serenity Cafe – Scotland's first recovery café

and a thriving community of people who support each other's recovery.

The app's features include a calendar for appointments and meetings such as Alcoholics Anonymous, a private journal for people to record their ups and downs in words or photos, inspirational material, and a map and list of professional services in the city.

Councillor Ricky Henderson, health and social care convener, said: "ARC-Edinburgh was the winner of the Council's Edinburgh Apps competition in 2014 and it is fantastic to see their ideas take shape and come to life. I believe the end result will be a very useful tool for the recovery community in Edinburgh. The Council is proud to help launch this app on behalf of the Edinburgh Drug and Alcohol Partnership."

David Williams, from Edinburgh Drug and Alcohol Partnership, said: "There are over 150 events in Edinburgh every week where people in recovery come together to share their strength, hope and experience or just to take part in social, learning or leisure events. We hope that the app will enable people to find the support that helps them get on their feet as well as helping them to plan their time and keep focused."